THR!VE Education
Professional & Personal Development for Women
Summer & Fall 2026 Offerings

All sessions will be passionately delivered through a Christian worldview by Wendy Birt, Creator of THR!VE, with 18 years of teaching and leadership experience, and will take place at Sheffield Baptist Church, 80 Lincoln Cross (corner of Dunbrack/Lacewood) in Halifax.

THR!VE's Leadership Masterclass: From Passive Consumption to Active Production

Choose either: Saturday, July 18 OR Saturday, August 8 (from 9:00am-12:00noon)

This densely-packed 3-hour Masterclass reveals the 6 highly actionable keys to becoming a THR!VING leader in any context of life, moving from the mindset of a receiver to a giver. Closely tied to the 3 pillars of THR!VE Education's mission – loving personalized attention, high expectations that inspire greatness and magical outside-the-box experiences – each of the 6 keys are clearly and efficiently defined and illustrated, interspersed with energizing full group conversation around practical application. While developed with young women in mind (age 18-30), this Leadership Masterclass is ideal for women of all ages struggling to lead or inspire others in just about any setting – whether professionally or personally. No fluff, no pep talk – but an articulate outline of a highly effective process to instantly make you a stronger, more equipped leader. Fee: $145 per participant (no tax).

THR!VING Classrooms Seminar: How To Achieve Exceptional Curriculum, Conduct & Community

Choose either: Saturday, July 25 OR Saturday, August 15 (from 9:00am-12:00noon)

Are you tired of asking yourself "How will I get through this lesson without constant disruptions"? Do you long for the day when you'll say instead, "I wish I had more time with these amazing kids – there is potential here for so much more"? This Seminar – delivered in presentation style with lots of room for Q&A – takes a deep dive into what excellent, balanced classroom management looks like, framed around the 3 C's: Curriculum, Conduct & Community. To have a THR!VING classroom, you must simultaneously be a great manager of all three – and with the right philosophy, solid strategy and plenty of determination, you can learn to implement this skill set fairly quickly. Through concrete guidance and tools instead of abstract motivation, it will inspire you to DO better by BEING better for those you teach or lead. While developed with young or novice school teachers in mind, this Seminar is ideal for educators and leaders of any kind. Note: The focus here is on THR!VING classrooms generally, not on addressing individual special needs or exceptionalities. Fee: $195 per participant (no tax).

Public Speaking: The Foundations of Strong Oral Communication

Monday, September 7 (Labor Day Monday) from 9:00am-12:00noon

Be afraid no longer! An exceptional introduction to the life skill of confidently and professionally commanding an audience of any size. This interactive training clarifies what public speaking is (and what it isn't), instills the verbal and visual components of a strong delivery, and gives hands-on practice learning how to effectively use a "live" microphone. Not a speech-writing class; emphasis is on how to say it, not what to say. Critical leadership development for women of all ages striving for excellence as they embark on a new Fall season. Fee: $125 per participant (no tax).

Personal Strategic Planning Workshop: What Learning, Living & THR!VING Is All About

Tuesday, October 6 from 6:30-8:30pm

Explore what "thriving" truly means from God's perspective, discover the three steps to becoming the best person you can be, and begin setting short and long term goals for the future. You will be introduced to the structured process of personal strategic planning and, on your own laptop or tablet, create the first draft of an evolving spreadsheet reflecting the highlights of your past, present and future. This workshop features the moving motivational videos of Your World Within and the dazzling photography of National Geographic. A unique and fun challenge – for those who love organizing, AND those who WANT to love it! – that will set you on the path to success and growth in all areas of life. A great perspective shift for women of all ages who are eager to reflect on their past and present experiences, and apply them to their future. Fee: $95 per participant (no tax).

One-on-One Stage Coaching

One-on-one personalized stage presence/performance coaching sessions are available, tailored to your individual needs and goals. No request is too trivial. If you're looking for support gaining skills and confidence standing on a platform in front of a crowd for a specific purpose or event, one-on-one coaching may be for you. These private sessions are generally available on Monday, Tuesday, Wednesday or Thursday mornings, and must be booked at least 1 week in advance. Sessions are typically 1 hour long and very focused on the achievement of the identified goals. Fee: $65 per session (no tax).